



Summer 2011 Recreational Bike Rides

It doesn't matter whether you are a **beginning** mountain bike rider looking for a few pointers, an **advanced** rider who wants some company, someone who prefers the smooth glide of the roads, or anyone **in between**, please join us!

Meet us at 8:45 a.m. on scheduled Saturdays. We'll get going at 9 a.m.

ICCC ride leaders **will guide the way**, helping **beginners** with basic skills and providing challenging options for **intermediate & advanced** riders.

These are **Recreational Rides** and the Ride **Leaders** ensure no one gets left behind. They also help with **mechanical** issues that may happen.

Volunteers and Racers Needed

Wheels of Thunder - May 7th
Moab, UT 24 Hour Race - Oct 8-9
On the Cross Cyclocross Race - Fall

“ For information on these events go to our website or email Colorado@ChristianCycling.com “



ENDURANCE FUELS



Presented by:



Contact us at:
christiancyclingco.com



with
ICCC



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Road Rides

Geared for people who are comfortable riding on the road in a pack of riders.

April 23 – Chatfield Reservoir Loop

Littleton, CO – Intermediate

May 14 – Cherry Creek Trail to Meridian

Aurora, CO – Intermediate

May 21 – Air Force Academy

Colorado Springs, CO – Intermediate

June 11 – Deer Creek

Littleton, CO – Intermediate

June 25 – Deer Creek/High Grade

Littleton, CO - Intermediate/Advanced

July 16 – Leadville Loop

Copper Mountain/Leadville/Vail, CO
Advanced

July 23 – Bergen Park to Echo Lake

Evergreen, CO - Intermediate/Advanced

Aug 6 – Left Hand Canyon

Boulder, CO – Advanced

Aug 13 – Berthoud Pass

Fraser, CO – Advanced

Sept. 3 – Deer Creek to Evergreen

Littleton, CO – Advanced

Sept. 10 - Cherry Creek Trail to Meridian

Aurora, CO – Intermediate

Sept 24 – All Riders – Chatfield Dam

ICCC sponsored BBQ - All levels welcome

MTB Rides

Geared for people with single-track experience. We will break into groups by riding ability.

Apr 30 - Green Mountain Leaders Ride

Denver, CO

May 21 - AF Academy Falcon Trail

Colorado Springs, CO

June 4 - Picture Rock Trail

Lyons, CO

June 18 - Peaks Trail

Frisco, CO

July 2 - Golden Gate Canyon State Park

Golden, CO

July 16 - Buffalo Creek Trail

Pine, CO

July 30 - Alderfer / 3 Sisters Trail

Evergreen, CO

Aug 13 – Winter Park / Fraser

Fraser, CO

Aug 27 – Lair O Bear

Morrison, CO

Sept 10 – Kenosha Pass

Bailey, CO

Sept 24 – South Valley Park/Deer Creek

All Riders
Chatfield Dam State Park BBQ

EZ Rides

Geared for people who are just beginning to ride.

May 28 – Cherry Creek Trail to REI

Aurora, CO

June 11 Highline Canal Trail North

Aurora, CO

June 25 – Cherry Creek Trail / Cherry Creek Dam

Aurora, CO

July 9 - Platte River Trail to REI

Littleton, CO

July 16 – Buffalo Creek Road

Buffalo Creek / Pine, CO

Aug 6 – Bear Creek Trail

Littleton, CO

Aug 13 - Winter Park / Fraser River Trail

Fraser, CO

Aug 27 – Bear Creek Lake Park

Morrison, CO

Sept 10 - Dawson Butte Trail

Castle Rock, CO

Bring the following to ride:

- **Bike (ready to ride)**
- **Helmet**
- **Water**
- **Energy Bar(s)**
- **Rain Gear (optional)**

And get ready to have some fun!

Helmet required.

For directions and other details, visit christiancyclingco.com